Meet Our Director!

By: Ashley Kidd, Becca Fraley, Taylor Jewell

Did you know that we have a new Upward Bound director? Her name is Tamara Stewart. She grew up in Clay City, Powell County and left there at 18 to go to Cumberland College. Then, she got her masters at UK while living in Lexington, and then moved here, to Richmond, about 11 years ago.

Prior to becoming our Upward Bound director, she worked for an initiative called Kentucky SEED. SEED is services to enhance early development. She worked with the system for the state trying to develop services for kids, birth to five. These kids have social and behavioral disorders in areas where we are seeing kids younger and younger with significant needs.

In case you didn’t know, Tamara has had some experience with Upward Bound before now. She is 43 years old and she has cousins and friends that were in Upward Bound back in the eighty’s. She has known people her whole life that have been in Upward Bound. Now those people are successful adults that say a lot of that success has to do with their experiences in Upward Bound.

So far she has enjoyed working with the program. She actually loves it, very much. The only part that is disappointing to her is that she has not had much of a chance to get to be around us more. She is doing the administrative work right now, making sure that the contract is in place, that everybody’s paychecks are okay, and that we get our stipends.

Tamara wanted to become our director because she loves youth. Her whole career has always been about youth. She has always worked in schools and has always been involved in the community when it comes to youth because she says, “We are the ones that are going to be taking care of her when she’s old”. She says, “We are the future and we’re bright and intelligent and she will love to watch us grow into these awesome adults”.

A good thing is that she does not want to change anything that’s working well because she feels we don’t want to reinvent something that’s already there and is working. So any of the changes she would want to make, would be based on recommendations from us because, she says, “We are the ones that eat, live, and breathe it every day”. Our input is very valuable, and she’d also want to take into consideration anything that the staff thinks would make the program more effective, efficient, and ultimately have better outcomes for us. However, she has nothing specific yet to change.

That is a little bit about Tamara. If you have any questions, just ask her!
“Live, Laugh, Learn,” the universal motto of Eastern Kentucky University’s Upward Bound; a place where everyone is welcome. A program founded to infringe and eradicated educational crutches, and expand the war against poverty and unequal analytical values against the less fortunate or economically impaired, also matched with the Higher Educational Act of 1965 (also the year of UB’s arrival on EKU’s campus).

Upward Bound is the first of three branches created from “TRiO,” another predominant college preparation program that specializes in a wide and broad range of cultured talent. Upward Bound specifies academic instruction based on individual and federal educational needs that are present in a high school learning environment. Eastern Kentucky University’s Upward Bound Program has it all; examples include tutoring, specific academic instructing, and many forms of work study. Bethany Luttrel, rising senior says, “I want to be here, the summers are so short but the people are friendly and always help you if you need it.” Studies show that students are four-times more likely to earn an undergraduates degree, than people of similar backgrounds involved in programs other than those associated with TRiO.

Dedication and passion are the two main forces keeping the program alive. After being audited and facing budget cuts, Upward Bound managed to keep its head above water by recently receiving a five year grant funding the program up until 2017. Upward Bound’s current student living area is at Sullivan Hall (an old campus hospital, that may or may not be haunted). There isn’t a person anywhere that doesn’t need assistance at some point or another, UB is the knowledgeable glue that binds the hearts and minds of all who encounter and take advantage of its unique glory. It’s very seldom that students or adults are blessed with the opportunity to make a difference and possibly change their future for the better. “I’m glad that I was a part of this. I’ll miss the moments and times that I had here, but now they are becoming good memories. This will definitely always be a special part of my life,” explains Kendra Johnson, a bridge student enrolling in classes at EKU.

Almost all involved in Upward Bound, would agree that it’s a second home. “I love it here, this is the place where I can honestly say that I am always myself; absolutely no holding back,” Bryana Deatherage exclaimed with great excitement after replying to why the program matters to her. Individuality is encouraged and acceptance is given to every student, tutor advisor, teacher, and all others by association. The sentiment, personal knowledge, and feelings of approval all make the experience what it is.

No matter the background, good or bad, students come to this place with a clean slate where they are both equal yet different; equal because they came out of their comfort zone and different because they are the only persons capable of being themselves perfectly.
Brian Carlson
By: Jacinda Warner, Amelia Hahn

Brian Carlson is a first year at Upward Bound, as well as a rising sophomore. When asked about his first thought upon arriving at Sullivan Hall (the current housing of Upward Bound), he replied, “Where is everyone?”. His favorite class is Government with Sean McClellan, because he is running for president. He plans to further his education and getting college prep and experience, through participating in the Upward Bound program. Interestingly, when asked what he would change about the program, he replied that he would add more physical activity opportunities. So everyone say hi to Brian and make him feel welcomed! Let's make all the first years feel Welcomed!

Danielle Adams
By: Megan Goode

Danielle Adams from Lincoln County is a first year student here at Upward Bound. Before starting this 2012 summer at EKU, Danielle said, “I was afraid of getting lost on campus while trying to find my classes during the day.” She is adjusting well to how things work in the Upward Bound Program. After making it through the first week of the Upward Bond summer, she has recently discovered a new found love, for the teachers and other staff that work for the program. During the week, the whole Upward Bound family does different activities with each other after classes are over for the day. Danielle’s favorite activities are free time and TA family night. Free time is a period out of the day created for relaxation, while TA Family Night is made for socialization. The students have TA family night every Monday after eating dinner at Powell. During this activity the students are separated into different groups in order to take part in numerous summery, fun activities like playing cards with your group or playing tag at the Ravine.

Danielle is also looking forward to the other experiences that she has yet to encounter in Upward Bound, that will offer her great experiences and future opportunities. She is also very excited about the summer trip to Washington DC at the end of the summer.

Whitney Ferrell
By: Taylor Lainhart

Have you ever met Whitney Ferrell? Well, I just now met her! This is her first year here at Upward Bound and she seems to be enjoying herself as much as the rest of us. She is a fifteen year-old uprising sophomore at her high school in Estill County. Since this is her first year here I decided to interview her to ask her opinion about Upward Bound.

Meeting new people is the best thing about Upward Bound to Whitney, especially the extremely awesome TA’s! Whitney is in Crissy’s TA family and according to her they have a blast at TA family night! The last time they played all kinds of games and it gave her the opportunity to get to know everyone in her family. Whitney is taking all kinds of classes and she is definite that they will help her in her upcoming school year. They will help her be ahead in her classes instead of being left behind.

When asked if she would encourage other students from her school and other places to come to Upward Bound she replied, “Yes! I would definitely encourage other students to become a part of Upward Bound! It’s a great experience and you’re getting educated along the way!” Whitney seems to be having an amazing time, let’s just hope it stays that way!
Experiencing Kentucky One Trip at a Time

By: Whitney Ferrell and Sativa Dehart

Salato

What’s your idea of a Kentucky experience? Is it the wild life? The capital building? If so, then you’re going in the right direction. On Friday, June 22 Upward Bound went to Salato Wildlife Center and the capital building in Frankfort. Salato has everything from moths and butterflies to bears and elk. There is even an area where you can go outside and see them in real life, not just in a picture. They have warm and cold water aquariums and natural habitats for larger animals like the bobcat.

**FUN FACTS**
- Do you think moose live in Kentucky? If so think again! Only elk live in this area.
- American black bears eat up to 15,000 calories a day. That adds up to 45 Cheese - burgers! They can also smell up to three miles away.

Capital Building

Our next stop was to Frankfort’s Capitol Building. It took six years to be build starting in 1904 and ending in 1910. It has been placed on the National Register of Historic Places and cost 1.8 million dollars to build. The governing of Kentucky has taken place here for over 220 years. Even with age the interior is magnificent in color and structure; it has left many with inspiration and hopes for our state.

**FUN FACTS**
- The desk in the House of Representatives is 102 years old.
- The Supreme Court room is made entirely of mahogany wood from the rainforest.

Who Represents You?

By: Bethany Luttrell

The Executive Board at Upward Bound is an elected group of seven of our peers that plan activities for us to do on different days. One of the recent activities they have planned for us was our game of “Hide and Go Seek Tag” that we had on Thursday. The President, Kendra Johnson said, “The Executive Board takes into account of all the other students’ suggestions and hopes of what to do.” If you have any suggestions, feel free to contact your board members.

Please, get to know your class representatives. They are here to help you!

Kendra Johnson- President
Sally Hollon- Vice President
Mara Myer- Secretary
Tatum Cantrell- Senior Representative
Kayla Banks- Senior Representative
Austin Stewart- Junior Representative
Cobli Gilbert- Junior Representative

Wheels With ETS

By: Katherin Hollon and Sandra Estes

On Wednesday, June 21st, The Upward Bound Students had an extremely fun time skating with ETS (Educational Talent Search). We went to the Richmond Skate Center which opened in 1995, where the ETS kids joined us skating and dancing. ETS helps student prepare for college by taking the students on tours. I don’t know if it because of watching everyone light up with neon colors or dancing with their skates on, but according to Upward Bound Student Ronni Dehart, “It was the best time of my life”.

Chelsea Pasley (student) and Katelyn Vinson (TA)