

*Eastern Kentucky University*

**UPWARD BOUND**

**TRiO DAY 2013**

This year Trio Day will be held at Morehead State University on February 23, 2013. TRiO Day is a day of celebration, reflection and action centered around increased access to higher education for students. Federal TRiO programs help traditionally under-served and first-generation students get into college and earn a college degree. Every year in February, high school and college students, teachers, members of Congress, local officials, TRiO Program staff, participants and alumni and many others celebrate the positive impact of the federal TRiO Programs in our nation. They also reflect on the importance of educational opportunity programs in creating a just society and act to protect and provide access to higher education for traditionally under-served and first-generation.

(<http://www2.moreheadstate.edu>)

**Important Dates**

**To Remember**

**President's Day**  
February 18th  
**Overnight at Best Western:**  
February 22<sup>nd</sup>  
**Saturday Academy:**  
February 23<sup>rd</sup>  
**St. Patrick's Day:**  
March 17th

**IN THIS ISSUE...**

	<b>PAGE</b>
<b>February Saturday Academy</b>	<b>2</b>
<b>Scholar's Bowl</b>	<b>2</b>
<b>College Spotlight</b>	<b>3</b>
<b>January Saturday Academy</b>	<b>4</b>
<b>Helpful Information</b>	<b>5</b>
<b>Stay Connected</b>	<b>7</b>



On February 22, meet at Best Western Holiday Plaza in Richmond. The check-in time is between 4– 7pm. You will have plenty of free time to

spend with your Upward Bound friends, so bring your swimming trunks if you want to swim! Pizza will be served!!!!



### **Hotel Information**

100 Eastern Bypass, Richmond, KY 40475  
(859) 623-9220

## ***Scholars' Bowl***



The Scholars' Bowl is a quick recall team competition for Upward Bound and Upward Bound Math & Science Students. Each competition consists of a round robin format with multiple rounds lasting 30 minutes or 60 questions, whichever

comes first. The competition is designed to award first, second & third place team awards as well as to pick the KAEOPP All-Star team for the SAEOPP Regional Scholars' Bowl Competition.



# **College Spotlight**

## ***Morehead State University***



### **Morehead State University**

- Morehead, KY Population 6,845
- Estimated Cost of Attendance: \$17,592
- Financial Aid is available
- <http://www.moreheadstate.edu>
- Majors: There are 22 areas of study offered at Morehead State University. Within these areas of study, there are 63 programs.

## **January Saturday Academy Write-up**

**By Brian Carlson, President & Justice Ezell, Secretary**

**We opened up the last Saturday Academy with the usual: introductions with the new people, brags, and announcements. Then the seniors worked a puzzle to find out where they would be headed for their UB senior trip, Disney World in Florida! Next, we moved on to an “icebreaker” game of sorts in which we sought after the same animals that were on a slip of paper each person drew, but the catch was that you could only find them by making the noise of your animal. This activity let us get to know some of the people in Upward Bound and things about them that we might have not otherwise known. Afterwards, the group split up according to their current math classes to receive tutoring, some in math and some in English, switching about halfway through. Finally, the Executive Board meeting finished, and everyone left for home after the usual tears and hugs.**

## **Factors to Consider When Choosing a College**

- **Academics-** Make sure to find out about the curriculum and faculty in your intended major. Find out if the academic program offered by the college provides hands-on experience or internships in your field prior to graduation.
- **Cost-** The primary goal of most people going to college is to earn more money, not lose money. When considering a college, make sure you're aware of all the costs associated with attending the college, not just the cost of tuition.
- **Location-** If you don't like where you're living when you go to college, it may end up being a miserable experience. Take some time to consider how the college's location will affect your education. Colleges in big cities and "party towns" tend to have a lot of distractions that may affect your academic performance. Also take into account crime rate and living costs.
- **Majors-** One of the most important decisions you'll make either before or after you start college is what major you'll pursue. If you're undecided, you'll want to make sure to select a college that offers a large variety of majors from which to choose.
- **Support Services-** Most larger colleges and universities are their own little self contained worlds, with on-campus housing, libraries, health centers, entertainment centers, cafeterias, food courts, shopping facilities, stores, computer labs, churches and counselors readily accessible to students.
- **Campus Life-** A top quality education should be your number one concern when considering which college to attend, but you can't study all the time. Having a social life, participating in extracurricular activities, making new friends, and having fun are all part of the college experience. Participation in leadership roles is not only great experience for your future but it looks really good on a résumé when you graduate and are seeking employment.
- **Safety and Security-** While many college campuses appear to be safe, appearances can be deceiving. Over the years crime has increased everywhere, even on college campuses. Every college is required by law to publish a crime statistics report each year. This report includes burglaries, thefts, robberies, rapes, liquor violations, murders, weapons possessions on campus and drug abuse violations. Before attending any college you should review it's crime statistics and find out what safeguards it's put in place to ensure the safety of it's students.

## Factors to Consider When Choosing a College

### Size-

- Determining what size of college best fits your needs will help to narrow down your choices. You may want to know why the size matters. What is the difference between a large or small university? And what constitutes a "large" university versus a "small" university? These are all very good questions. The following are a few major differences between large and small colleges:
- Large colleges and universities typically offer a larger variety of majors, concentrations, and degree programs than smaller schools. Smaller schools often focus on liberal arts and a few other specialties.
- Large universities offer extensive resources for their students including libraries, computers, on-campus housing, athletics and extracurricular activities.
- Large universities usually provide a diverse student body with varied backgrounds, cultures and interests. While a very attractive characteristic to some students, this can be overwhelming to others.
- Smaller colleges offer a more intimate setting than larger colleges. You get to know just about everyone on campus; they all get to know you, too.
- Smaller colleges typically offer fewer distractions than larger colleges.

<http://www.collegeatlas.org/factors-choosing-a-college.html>

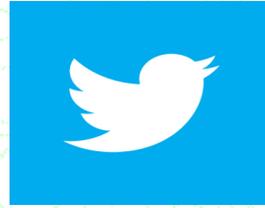
**\*\*\*Seniors:** We need your proof of **FIVE** scholarship applications by February 24th. Please forward them to [becca.morrison@eku.edu](mailto:becca.morrison@eku.edu). We would prefer you forward them. If you are not able to do so, please text or email Becca a screen shot. Otherwise, make a copy and give it to us on a school visit or at the February Saturday Academy.

# Stay Connected

Helpful information is always being added to these websites!

**\*Twitter:**

**@EKU\_UpwardBound**



**\*Facebook:**

**EKU Upward Bound**



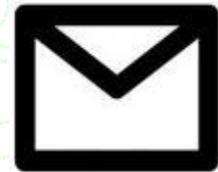
**\*Instagram:**

**ekuupwardbound**



**\*Text messaging:**

Current UB students: We are going to be trying out a new text messaging service to see if it will be useful for us. To sign up, text @eku to 859-353-6014. Current UB parents are also welcome to join our service!



Bar Code scanner will take you to the Upward Bound home page.

