

EKU Upward Bound December Newsletter

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Ten Things You Should Think About When Choosing A School

Some students grow up knowing where they want to go to college, which is great. However, if you are still undecided, these are things you might want to look at before choosing a school.

1. **Career goals:** If you know what you want to major in, that helps narrow the search. Make sure you pick a school that has a good reputation.
2. **School size:** You can choose from small colleges to huge universities. Which you choose depends on what's important to you.
3. **Where the school is:** You have lots of choices. Do you want a school in a large city with lots to do, or do you prefer a small-town or rural setting?
4. **How far from home:** You might want to go far away from home, live at home and save money, or choose somewhere in between.
5. **How much it costs:** Colleges don't all cost the same. Community colleges aren't expensive, but selective private colleges and many for-profit colleges are.
6. **Financial aid:** How much financial aid you get can greatly influence whether you choose an expensive or inexpensive college. It can also influence whether you stay in Kentucky or go out of state. Remember that your KEES awards cannot be used outside of Kentucky.
7. **Extracurricular activities:** Do you want to play sports, be in the band or do some acting? Some schools may provide more chances than others. Some may even offer you a scholarship to participate.
8. **Special programs:** Maybe you'd like to study abroad for a year or work on an archaeology dig. Which schools offer those opportunities may influence your decision.
9. **Who else goes there:** Not all schools have the same kind of student body. Some are more diverse in terms of national origin and race. Some are affiliated with a certain religious domination as well.
10. **Where you feel right:** Pay attention to your gut reactions. You need to go where you feel comfortable.

Important Dates to Remember

Upcoming Saturday Academy Dates

December 7th

January 11th

February 22nd

March 22nd

April 12th

May 3rd

Upcoming ACT Test Dates

December 14th

(Registration ends November
8th)

-February 8th

(Registration ends January 10th)

-April 12th

(Registration ends March 7th)

Source: https://www.kheaa.com/website/kheaa/select_think?main=1

Precollege Curriculum Checklist

You need to take these classes if you plan to attend a four-year Kentucky public university.

Subject	Credits Required
Language Arts	4 credits: English I, II, III, IV or AP English
Mathematics*	3 credits: Algebra I, Algebra II, Geometry
Science	3 credits: to include life science, physical science and earth/space science (at least one lab course)
Social Studies	3 credits: U.S. History, Economics, Government, World Geography and World Civilization
Health	½ credit
Physical Education	½ credit
History and Appreciation of Visual and Performing Arts	1 credit history and appreciation of visual and performing arts or another arts course that incorporates such content or students may earn the credit for specialization in an art form
Foreign Language	2 credits or demonstrated competency
Electives	7 credit (5 rigorous)**

* Students must take math all four years of high school. The fourth math class can be counted as an elective.

** Rigorous electives should have academic content at least as challenging as the courses required in the minimum diploma requirements. Electives should be in social studies, science, math, language arts, arts and humanities, foreign language, and above the introductory level in agriculture, industrial technology, business, marketing, family and consumer sciences, health sciences, and technology education and career pathways. Electives in physical education and health are limited to one-half unit each.

Source: https://www.kheaa.com/website/kheaa/plan_study?main=1

Study Tips

Study Alone: Avoid studying with your friends, and stick to studying by yourself. If you study with classmates you do not know very well, establish a goal for the group and work towards that goal. It is easy to get off topic when working in a group of people.

Get it All Out: Set all books, notebooks and any other materials you need out before you start studying. This will prevent you from getting up to retrieve things and getting sidetracked doing something else.

Snack Healthy While You Study: Skip the junk food and caffeinated drinks. These choices will leave you feeling sluggish in a short period of time. Instead, drink water and eat fruit, vegetables, dairy, or a protein such as peanut butter.

Turn Your Notes into Flash Cards: While reading important facts in your notes, jot them down on flash cards so it will be easy to look at them again before the test.

Narrow it Down: If you try to study every single thing the teacher said, you will go crazy. Instead, focus on the most important topics. Once you have studied the important things, move on to the finer details.

Source: <http://teenadvice.about.com/od/schoolscolleges/tp/10-High-School-Study-Tips-For-Students.htm>

University of Louisville**Total enrollment-** 22, 293 students**Student to faculty ratio-** 16:1**Distance from Richmond-** 1 hour and 34 minutes**Academic Programs-** Art, Biology, Army ROTC, Communication, Computer Information Systems, Finance, Geography, Marketing, Music, Nursing, Physical Education, Sociology, Sport Administration, Theatre Arts and many more!**Tuition-** \$9,750 a year**Student Organizations-** Student Government, various religious organizations, Bowling Club, Dodgeball Club, Geography Club, Honors Student Council, Project Sunshine and many more!Visit www.louisville.edu for more information!Senior Corner

Seniors, here are a few things you should be working on in the month of December to help you on your journey to college!

- Finish and submit your college applications. Keep copies of everything you send.
- Have your high school send transcripts to the colleges you selected.
- Request your Federal Student Aid PIN so you're ready to complete the FAFSA on January 1st!
- Get your recommendation letters from your references and send them thank-you notes.

Source: https://www.kheaa.com/website/kheaa/plan_time_12th?main=1

Visit us at

www.upwardbound.eku.edu

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Reminder!

The FAFSA is available on January 1st! Make it a priority to complete it on January 1st or very soon after January 1st!

For more information about the FAFSA and requesting your PIN visit www.fafsa.ed.gov

2 Websites You Should Visit!

Here are two helpful websites that will help you be college ready!

1. www.knowhow2go.acenet.edu
2. www.collegegreenlight.com/blog

from the United States Department of Education totaling \$480,280.