Important Dates To Remember

Super Bowl XLVII: February 3rd
ACT Test Date: February 9th
www.actstudent.org
Valentine's Day: February 14th
Overnight at Best Western: February 22nd
Saturday Academy: February 23rd

EKU UPWARD BOUND

The Importance of the FAFSA

All students applying for federal assistance must complete the Free Application for Federal Student Aid (FAFSA). There is no charge to apply for federal student financial assistance. Many schools use the FAFSA to award their own financial aid. Many states also use the FAFSA to determine eligibility for state aid.

The FAFSA asks for:

- The student's and his or her parents' financial information including annual income, taxes paid, untaxed income, current assets, and so on.
- Demographic information, including family size, number of students in college, and the student's enrollment status.
- School information -- the Federal School Codes of the schools where you'll be applying for financial aid.

The information provided in the FAFSA is used to calculate an Expected Family Contribution (EFC). The EFC is what the family is expected to contribute to the student's educational costs for a given year. The FAFSA is also used to confirm certain student eligibility criteria by means of computer database matches with various federal agencies, such as the Social Security Administration, the Department of Homeland Security, and Selective Service Administration.

http://www.aic.org/
ATTENTION:
EKU Upward Bound is now on Twitter!!!!!!!!!!!!!!!!!!!!!!!

If you have a twitter account you can now follow EKU Upward Bound! Follow us @EKU_UpwardBound.

We also have a Facebook page: EKU Upward Bound. You can send us a friend request.

Helpful information is always being added to these websites!

College Spotlight

Western Kentucky University
Bowling Green, KY- Population of 58,894
Estimated Cost of Attendance: $14,904-$16,912
Financial Aid is available http://www.wku.edu
Majors: WKU offers more than 170 choices for undergraduate areas of study
Meet the New Interns

Tim Shearer

Name: Tim Shearer
Graduated from Madison Central
College: EKU
Major: Social Work
Future Career Plans: Licensed Clinical Social Worker
Tips for Avoiding Senioritis: Don’t skip class and DO NOT PROCRASTINATE!!! Stay focused and remember you only have one semester left.

Whitney Banks

Name: Whitney Banks
Graduated from Wolfe Co.
College: EKU
Major: Social Work
Future Career Plans: School Social Worker
Seniors,
As you should know, the senior trip this year is to Disney World. You all need to make sure that you get your scholarships filled out and that you send proof of them to Becca. We would hate to go to Disney World without you!

High school seniors try to balance extracurricular activities, a social life, college admission and perhaps a part-time job. Somewhere along the way, homework begins to seem less important and spending time with friends becomes the top priority. Then, you get accepted to college, and after that, high school seems even less important. School work begins to slide, and so do their grades. The diagnosis? Senioritis. Senioritis features a lack of studying, repeated absences, and a generally dismissive attitude. The only known cure is a phenomenon known as graduation. Senioritis is easy to catch and hard to get rid of. It can also be dangerous to your plans for the future. Every year, colleges take back their offers of admission, put students on academic probation, or change financial aid packages because of it. A less obvious consequence of slacking off senior year is the lack of being prepared for the challenges of college. Freshman year can be tough, even for students who kept up with their course work throughout high school. Regardless of the consequences, it is still tempting to let school work slide. After all, seniors are busy people. To help you fight that temptation, read on to the next page for some ways to avoid senioritis. (To be continued on page 5.)
Plan ahead. You probably already know what activities you'll stay involved in this last semester. And you know that college is coming up fast. Plus, you want to make the most of your time with friends and family. Fitting all of it in without pulling your hair out (or pulling your grades down) is the goal. The best tool is a calendar or day planner. Write down all of your deadlines for applications, papers, tests and so on. Then note your other activities, your sports schedule, drama or band rehearsals, SAT or ACT day, or college visits. Then, map out what you have to do. To complete that English paper, when should you begin working on it? If the big game is the night before the due date, plan to finish the paper a few days ahead of time.

Talk about it. Senior year can be sad and exhilarating at the same time. You and your friends catalog all the "lasts"—the last first day of school, the last football game, the last prom. But you're also looking forward to graduating and starting college. Seniors should talk about their feelings which can range from fear of leaving high school to stress about college admission to anticipation of the new experiences college will bring. Useful people to talk to are your friends (who are going through the same things you are), your parents, your guidance counselor and other adults who you respect.

Have fun. Senior year should be a time of celebration. In between all of your hard work be sure to enjoy it. You have worked a long time to get to this point and you should do all you can to enjoy it.

**NACAC**

---

**Preventing Senioritis**

Eastern Kentucky University Upward Bound is funded through a TRiO grant from the United States Department of Education totaling $506,785

---

**DID YOU KNOW THAT?**

College graduates earn $23,291 more than high school graduates a year on average.

---

**Earnings Breakdown by degree**

[Chart showing earnings by level of education]